

Designated Nurse Advocate

Personal Support for your Health Care Journey



Jamie Steed, BSN, RN is your Designated Nurse Advocate.

Simply call

904-776-4771

Or email jamie.steed@floridablue.com

Florida Blue 
Your local Blue Cross Blue Shield

Getting Healthy and Staying Healthy is Easier Than Ever

Jamie will spend time with you to understand your health care needs and provide the personal support you deserve.

You'll have a health coach to:

- Adopt healthy eating habits
- Lose weight
- Manage stress
- Manage high cholesterol, blood pressure and blood sugar
- Stop using nicotine

She can also connect you with a health care specialist to:

- Explain benefits and how to lower your costs
- Find doctors, specialists and facilities
- Coordinate care with doctors
- Manage a serious or chronic health condition
- Explore community resources and more

You're one-of-a-kind and we want to help you get care that's right for you. So, we've designated a **nurse advocate** you can reach out to for help managing your health and maximizing your benefits. These services are available at no extra cost to help you along your health care journey.

For questions about health care claims, please call the number on the back of your member ID card.

The designated nurse advocate is available to employees of eligible employer groups and subject to change. The designated nurse advocate does not provide medical advice or triage in case of an emergency. Employees should always contact their primary care physician for specific medical questions or call 911 any time their health needs immediate attention. Health insurance is offered by Florida Blue. HMO coverage is offered by Florida Blue HMO, an affiliate of Florida Blue. These companies are Independent Licensees of the Blue Cross and Blue Shield Association. We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. For more information, visit floridablue.com/ndnotice.

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